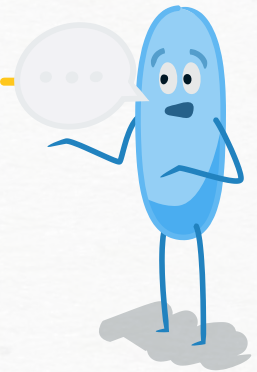
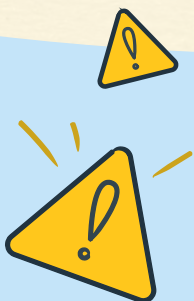


Recognizing the signs of diabetes in children at school

Information for Parents/Caregivers



- A school staff member has noticed that your child has been taking more bathroom trips (peeing) and/or drinking more (excessive thirst), which is more than they would expect based on their experience.
- Through a program called Diabetes at School supported by the Canadian Paediatric Society, school staff learned that excessive peeing and drinking can be signs of diabetes. If this is diabetes, undiagnosed diabetes can make children seriously ill.
- The Canadian Paediatric Society suggests that children with these symptoms should be seen immediately by a healthcare professional to be tested for diabetes. You can go to their family doctor, pediatrician, nurse practitioner, or an urgent care clinic.
- If you cannot arrange for your child to be seen by any of the above medical professionals or clinics, you should go to your nearest emergency department.
- You can use the information on this sheet to explain to your healthcare professional's office staff why you are seeking immediate medical attention. The QR code on this sheet links to information for healthcare providers, if your healthcare provider would like additional information.



“IF YOUR CHILD IS UNWELL...”

If your child is unwell (excessively tired, vomiting, and/or has abnormal breathing) you should **take them to the nearest emergency department right away** to be tested for diabetes and diabetic ketoacidosis (DKA). DKA is a serious complication of undiagnosed diabetes.

